

# The Kensington White Plains Presents

Scan  
QR Code  
to RSVP:



## Caring for Solo Agers: Building Your Support System for Successful Aging

*Advice & Insight from a Geriatric Care Manager, Eldercare Attorney & Real Estate Broker*

Thursday, March 23rd, 6pm - 7pm at The Kensington White Plains

**At The Kensington, we understand firsthand the decisions that need to be made as an aging adult, and that this journey is one you should not undertake alone.**

This panel discussion will focus on the **solo senior who does not have a partner, children or kin who can support their care as they age - or the caregiver who is caring for a spouse but has no relatives.**

It will include the legal ramifications such as **Power of Attorney**, the clinical aspects as to how will care be provided if needed, **the logistics of how to decide where to live**, and how to get started on moving or downsizing. **Join us & enjoy a delicious dinner prepared by our Executive Chef Norm Fintz!**

*A solo ager is a person over age 50 who lives alone, is not married or partnered in a long-term relationship, and has no living children. They make up 12% of the population ages 50-plus in the United States. –AARP*



**Patty Bave, Esq.,**  
Eldercare Attorney &  
Partner, Kommer, Bave,  
& Ciccone, LLP.



**Anne Bergman, RN,**  
Aging Life Care Coach,  
Geriatric Care Consultants,  
a division of The Key of  
New York, LLC.



**Jo-Ann Reilly, CRS,**  
SRES, ABR, PSA,  
Licensed Real Estate Broker,  
Coldwell Banker Realty,  
Westchester County

To RSVP, Please Visit [TheKensingtonWhitePlains.com/Events](http://TheKensingtonWhitePlains.com/Events)